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As Old As Time: A Culinary Odyssey Using Flavored Olive Oils And Balsamic Vinegars



Synopsis

As Old As Time is a culinary odyssey into the world of pure and flavored olive oils and balsamic vinegars. Make healthy and delicious foods a part of your life with 65 full-flavored recipes, along with simple variations for even more menu options. Learn about the power of these ancient foods that are as relevant today as they have been throughout the ages.

Book Information

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Customer Reviews

Very well done. I wish all or most of the recipes used a flavored balsamic. Its easy to figure out how to use the flavored olive oils but still confused on how to use balsamics other than on salads. Hard to get past the idea of adding anything vinigary to a dish, despite its added flavor. There are only a couple ideas other than salads here. Most recipes call for olive oil and no balsamic or plain balsamic. Wonderful to buy anyway.

I have always used olive oil in all my cooking so I was intregued by how infused oils would taste in some of my favorite recipes as well as how some new recipes would taste using these products. I picked up Michele Senac's As Old As Time because of the beautiful photos but then I was impressed by the clear directions as to how to use infused oils and especially how to pair them with infused balsamic vinegars. I've had the book for two weeks and already have made five recipes (roasted red pepper caprese and a fabulous pork tenderloin to name just two) to rave reviews from my husband and friends. I purchased six more books to give as gifts, along with a bottle or two of infused oils. Perfect.

This is a cookbook that anyone interested in creative uses of fine olive oils and vinegars should own. While many of us go to the internet for recipes, this book fills a void that exists with online recipe searches. The pairings section is a wonderful reference and the history of olive oil is very interesting. However, the recipes are the reason to buy the book. All the options provided with each recipe essentially double the number of recipes.

I saw this book in my local olive oil shop and was very excited to read all of the different ways to use the flavored oils and vinegars that I have been experimenting with in my own cooking. The recipes are very clearly written and the beauty of them is in their simplicity. The chocolate truffles are to die for!

great book for olive oil and balsamic vin users..... clear and detailed with tons of useful information! I especially appreciated the sections dealing withwhat to use with what !!!

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